

Thrive with Pride Monthly Series 2022

As people are living longer, we see greater attention is being paid to the concerns facing aging adults and caregivers. While many issues are the same for all older adults and those who care for them, some unique considerations arise for LGBTQ+ people dealing with aging. Join us monthly for our “Thrive with Pride Series” discussing various topics related to brain health, caregiving and the unique issues that impact LGBTQ+ individuals



Third Thursdays | 11:00 AM - 12:00 PM

January 20: Could this be Dementia? Early Warning Signs

February 17: Understanding Alzheimer's and Dementia

March 17: Strategies for Brain Health

April 21: Helping Friends and Chosen Family with Cognitive Decline

May 19: Advanced Care Planning for the LGBTQ+ Community

June 16: The Impact of HIV on Cognitive Health

July 21: Addressing Cognitive Decline with those you care about

August 18: Communication Strategies with Cognitive Decline

September 15: Addressing Behavioral Challenges with Cognitive Decline

October 20: Am I at Risk? Brain Health as we age

November 17: Holiday Tips for Dementia Caregivers

December 15: Celebration of Chosen Family and Caregivers

Registrants are welcome to join us for all sessions or only those of interest to them. Participants will be given the option of joining via video/webinar or through a toll-free number. Registration is required, and registrants will be sent conferencing details prior to the date of the program.

MORE INFORMATION OR TO REGISTER:

act.alz.org/NCmonthlyprograms
OR 800.272.3900

alz.org/northcarolina

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