alzheimer's 8 association[®]

INTO THE DEEP END:

Dementia, Veterans and Caregiving



IN PARTNERSHIP WITH:



Taking care of a loved one with Alzheimer's disease or another dementia can be challenging for anyone, and caregivers often feel that they have been thrown into the deep end without a life jacket! For Veterans, already dealing with unique issues related to their service, finding that lifeline may feel even more difficult. Join us for this 4-part series focused on challenges that caregivers may face every day, with a special emphasis on issues unique to Veterans. We will include discussion on the latest research surrounding Veterans and increased risk factors for developing dementia, and provide resources available to help Veterans and their families.

Select Thursdays in February & March 2022

Part 1: Understanding Alzheimer's & Dementia

February 10 | 11:00 AM-12:30 PM

Part 2: Changes in Communication, **Relationships & Personal Care** February 17 | 11:00 AM-12:30 PM

Part 3: Addressing Challenging Behaviors & Home Safety

February 24 | 11:00 AM-12:30 PM

Part 4: Planning ahead: Options for Care &

Caregiver needs

March 3 | 11:00 AM-12:30 PM

Registrants are welcome to join us for all 4 sessions or only those of interest to them. Participants will be given the option of joining via video/webinar or through a toll-free number. Registration is required, and registrants will be sent conferencing details prior to the date of the program.

TO REGISTER PLEASE CALL

800.272.3900

act.alz.org/NCmonthlyprograms